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Diagnosis and Treatment of Disease

Illness was believed to be caused primarily by witchcraft and, secondarily, by the breaking of a taboo or by contagion. Headaches, bloated stomach (*pihl*) and stomach aches were among the common symptoms of bewitchment. The tremendous fear of black magic probably added greatly to the severity of these afflictions. During Quain's stay the women appeared to complain more of sorcery as a cause of their illnesses than did the men, but this self-diagnosis was not always accepted.

Trumaí concepts regarding contagion were generally loose, and they often fused with witchcraft beliefs. Contagion was acknowledged to be a possible cause of illness, but if death followed, it would in all probability be laid to sorcery. The Trumaí knew that epidemics of pulmonary diseases were associated with the coming of white men, and they were especially worried that when the rainy season arrived Quain would give them coughs and fevers. Indeed, one night when Quain complained of illness and retired to his hammock with a headache, this eventuality was vigorously discussed.

The Trumaí called such a threat *tun*, a word that can be translated only as a malignant influence causing disease. *Tun* was said to exist around sick people or in places where there was known to be danger of contamination. Thus, when several of the people of Jakwanari's household were sick, everyone avoided the house, for it was full of *tun*. Aloari said that the waterfront, also, was full of *tun*. He preferred to bathe from a pottery vessel outside his house. Ringworm, however, was known to be caused by natural means.

The word *okei*, while referring to sorcery under certain conditions, was also a general term for medicinal preparations. Thus, *okei* of various kinds were used in different stages of the life crisis rituals and also in the treatment of various ailments. Roots were extensively used for medicinal purposes. Maibu rubbed his wife's head with the extract of a root (*ipox*) when she had a headache. Another root (*murukuyu*) supplied the basic ingredient for eye drops, and still another was prescribed for ringworm.

The Trumaí were subject to severe boils which were treated by piercing. This was a woman's specialty, and it was usually done by the wife or a close relative of the afflicted person. All other curing, both secular and supernatural, was done by men. Herbal medicines were used exclusively for such ailments as ringworm, but most cures involved both botanical and supernatural means used in conjunction.

Illness was treated by both individual curers and group ceremonies. The practice of individual shamanistic curing, known as *jau'kuh*, had much in common with similar arts throughout South America. The main techniques employed were tobacco smoke and sucking. Great

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took the axe, and this is why they have been able to build a great civilization. Indeed, white men, although first encountered in 1884, figure in many Trumaí myths. For instance, Waniwani once seduced Uluwa's wife and took her to the land of the white men, which was thought to lie either downstream near the Yuruna or beyond the headwaters of the Kuluene River.

Many ceremonies were first taught by Sun. He presented Maibu's deceased brother with a spear-thrower and taught him the spear-throwing contest. He also first made the masks which the Trumaí once used. The people of the area received cotton and tobacco from Sun, and he gave the fishtrap to the Mehinaku.

The foregoing creation myths collected by Quain were probably only a small part of the Trumaí cycle. Paradoxically, the historic legend of their migration into the area and the subsequent borrowing of culture elements from their neighbors would seem to negate the creation myths in which the Trumaí appear to have always lived in the upper Xingú area. Quain states that they have reconciled the inconsistencies, but he does not support this point with any concrete data. Undoubtedly this problem bothered the ethnographer far more than the Trumaí.

The After-Life

Waniwani, the village of the afterworld, was located in the heavens. In order to get there one had to travel the Milky Way. This was the abode of Panther, and the road was lined with many panthers who inflicted dangerous wounds on the wayfarers. After passing through this gamut, the dead entered the Trumaí village. Here many Trumaí resided, and the rivers and lagoons teemed with *kute* fish. These were usually caught by poisoning, as the *tawasi* tree grew in abundance. There was no death in this afterworld; it was only on earth that death was feared, said the Trumaí.

Jemenary and Kelenewary

The last of the Trumaí myths collected by Quain concerned Jemenary and his trickster nephew Kelenewary. This story, which has a decided Oedipus theme with the maternal uncle in the father role, was the only context in which these two appeared, and they cannot be identified further than to say that they were mythological beings who lived in the "long ago" of the Trumaí.

Jemenary was angry with Kelenewary because the latter, his *deta*, or sister's son, was sleeping with his wife. Kelenewary knew no shame, for a good Trumaí would never have done such a thing. Jemenary tried by a series of ruses to rid himself of his nephew. He ordered him to

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post-natal sexual taboos is a serious social problem. A large group of not very pretty bachelors must use the woman with ringworm or the Suyá captive, whose present marriage is considered dishonorable. These women have no brothers or fathers. In contrast with Karajá, there is no stylized homosexuality. Yet the complete freedom of sexual play results in activities which might be considered overt homosexuality. But to the Trumaí such activity has little emotional content. It does not seem to set up special personal relationships.

"Women are in constant fear of attack. Yet a wife tyrannizes her husband by withholding her favors and pulling the hair of anyone whom she suspects her husband has used sexually. Between married people, sex occurs at night,— preferably when everyone else is asleep — or while going to the forest on various gathering tasks. A man and his wife engage in many things together, such as afternoon relaxation, fishing, and gardening. There is companionship even between those spouses among whom the wife is much older and no longer of interest to the man sexually.

"Between themselves, the men are extremely individualistic. Cooperation rarely exceeds kin limits even at the explicit order of the chief. Only when outsiders are present do men band together in a mock display of solid cooperation.... There is only one old man, who is about seventy — all others are under 45 ..... All death is murder. Nobody expects to live longer than the next rainy season. Men always carry bows and arrows for protection. Shamans keep the village in constant fear of attack from the Suyá or Kamayurá.... There are imaginary attacks quite often. Men gather in terror at the center of the village — the most exposed spot — and wait to be shot at from the dark bushes at the margin of the village....

"Authority is lax. The patrilineally hereditary chief does no work and is a parasite on his household. He is self-conscious of the rank of his wife whose marriage has elevated her. He lounges in his hammock, but it is his duty to orate from the center of the village at night and sometimes in the morning, urging the men to undertake group projects. He is the only man who has the courage to be an executive. This contrasts with the Kamayurá where there are several chiefs who, uniquely in their culture, are shy and ashamed to speak and whose orders must be referred through special talkers. It also contrasts with the Karajá where the chief is the best worker .... When the season changes, the Trumaí chief urges the people to engage in the new work, which they would do anyway. An example of the complete independence of spirit is illustrated by the two brothers who would not help the brother-in-law of one build the house in which they all were living, because they thought the mosquitoes would be bad in that location during the rainy season. The brother-in-law built the tremendous house all by himself — the two brothers lived comfortably in it.